



July 2009



| Day/Date | AM Snack Served w/ 100% juice | Lunch Served w/ milk | PM Snack Served w/ 100% juice |
|-----------------|----------------------------------|---|--|
| Wednesday 1 | Cereal w/ milk | Hotdog, tater tots, apple slices | Oatmeal cookie/Pretzels |
| Thursday 2 | Biscuits w/ jelly | Chicken nuggets, carrots, peaches | Teddy Grahams/ Wheat crackers |
| Friday 3 | Closed | Independence Day | Closed |
| Monday 6 | Cereal w/ milk | Chicken patty, peas, applesauce | Graham crackers, sugar cookie |
| Tuesday 7 | Muffins | Tacos, corn, mandarin oranges | Chocolate chip cookie, cheese & crackers |
| Wednesday 8 | Cereal w/ milk | Fish nuggets, carrots, pineapple | Oatmeal cookie, pretzels |
| Thursday 9 | Cornbread | Spaghetti w/ sauce, green beans, applesauce | Teddy Grahams, wheat crackers |
| Friday 10 | Cereal w/ milk | Salisbury steak, mixed veggies, peaches | Vanilla wafers, Goldfish |
| Monday 13 | Cereal w/ milk | Hotdog, green beans, pears | Graham crackers, sugar cookie |
| Tuesday 14 | Bagels w/ cream cheese | Chicken fries, carrots, applesauce | Chocolate chip cookie, cheese & crackers |
| Wednesday 15 | Cereal w/ milk | Mac & cheese, peas, mandarin oranges | Oatmeal cookie, pretzels |
| Thursday 16 | Waffles w/ syrup | Beef-a-roni, corn, pineapple | Teddy Grahams, wheat crackers |
| Friday 17 | Cereal w/ milk | Hamburger w/ bun, mixed veggies, apple slices | Vanilla wafers, Goldfish |
| Monday 20 | Cereal w/ milk | Beef ravioli, mixed veggies, peaches | Graham crackers, sugar cookie |
| Tuesday 21 | Pancakes w/ syrup | Cheeseburger w/ bun, peas, pears | Chocolate chip cookie, cheese & crackers |
| Wednesday 22 | Cereal w/ milk | Chicken parm, green beans, applesauce | Oatmeal cookie, pretzels |
| Thursday 23 | English muffin w/ jelly | Sloppy joes, corn, mandarin oranges | Teddy Grahams, Wheat crackers |
| Friday 24 | Cereal w/ milk | Meatballs w/ gravy, carrots, mandarin oranges | Vanilla wafers, Goldfish |
| Monday 27 | Cereal w/ milk | Mac & cheese, green beans, mandarin oranges | Graham crackers, sugar cookies |
| Tuesday 28 | French toast sticks w/ syrup | Beef ravioli, corn, pineapple | Chocolate chip cookie, cheese & crackers |
| Wednesday 29 | Cereal w/ milk | Hotdog, tater tots, apple slices | Oatmeal cookie, pretzels |
| Thursday 30 | Biscuits w/ jelly | Chicken nuggets, carrots, peaches | Teddy Grahams, wheat crackers |
| Friday 31 | Cereal w/ milk | Meatball parm, mixed veggies, pears | Vanilla wafers, Goldfish |

NOTE: Appropriate substitutions will be made for children 2 years of age and under.